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## WELCOME EVERYONE !

1970 -71 is a big year for the School of Nursing. I would like to take this opportunity to welcome all students - new and "used" - into the ranks and to encourage each one to take as active a part as they can to make this academic year the most successful ever. (Yeh!) This is a big job, but I think we can do it as long as we have no pacifists in the group. Everyone must get involved in their respective sphere and "let it all hang out".

The Students' Council is a functioning body in this faculty. It is not a nebulous group of dictators that continually spouts hierarchial platitudes. (Right!) We want to do something for and in this school. We want to make the Nursing Faculty a better place in which to attend classes and the nursing profession a better profession in which to work. We cannot do this on our own. As in previous years, representatives to the Students' Council will be elected from each year by their fellow classmates. These are the people who will be bringing your ideas to meetings and out ideas back to you. Find out who these people are and TALK to them. This is the only way your opinions (and God forbid - beefs) will be heard. And another important thing to remember: ALL STUDENTS' COUNCIL MEETINGS ARE OPEN TO EACH AND EVERY STUDENT. YOU ARE MOST WELCOME TO ATTEND. We meet every second Monday at 5 pm in the lounge; the next meeting is on October 5th.

Being a university student is a fun affair. It is probably the most enjoyable time of our lives. But above and beyond this aspect of academia, we all have a responsibility to better our respective colleges and professions in order to make the attendance of future students in these, more worthwhile.

Sincerely,

Sharon Keenan,  
Students' Council President,  
School of Nursing.

VERTIGO '70, AN ENCOUNTER ON DRUGS

Oct. 16 - 21

I have been talking fast and furiously about this topic from your day of registration on .... You might be growing sick of me, but that's a chance I have to take. My purpose in this constant verbal diarrhea to which I have succumbed is - TO GET YOU EXCITED!! I won't continue with the details of the Teach-in because you should be familiar with them by this time. If you are not, there are great gobs of literature still to be had in the Student Lounge. Please avail yourselves of the opportunity.

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Congratulations to the "Sally" group who won the Frosh Trophy for Orientation participation. The Frosh Trophy may be found growing (hopefully) in the Dem. Room.

Special thanks goes to Joan Murray (B3) who did a great job on the S. of N. Handbook and to Arlene Commell who organized the dance with Anne and others and was voted by a group of Engineers as "Barmaid of the Month". You didn't know about that, did you, Arlene?

Sharon Keenan was judge at Kookie Kapers and learned among other things that

- 1) the stage perimeter is 680 or 664 marshmallow widths,
- 2) she wasn't invited to a cocktail party,
- 3) which brand of toilet paper to buy,
- 4) that chocolate pudding is sticky and
- 5) someone hardboiled the eggs!

And I must not forget the First Year Teaching Team - thanks for your participation. It was enthusiastically received by all. And by the power invested in me, each of you now (by your possession of a S. of N. peanut) belongs to R.O.P.N.U.T. -- The Royal Order of the Peanut for the Nurses at the University of Toronto.

Over 525 people swayed, bounced and in other ways, danced, to a 6 piece rock group called "Bujen" last Saturday night. Fellows outnumbered girls by nearly one hundred (very good ratio, that).

Breakdown in numbers: fellows - engineers 101  
 - arts 95  
 - meds 20  
 - graduate students 40+++

girls - nursing 100 + (about 40 from diploma schools)  
 - arts 24  
 - POTS 14  
 - others 20 +

The Basic Potluck Dinner for all Basic students and Basic staff will be held on Tuesday, October 6th at 5:30 until 8:30 in the Staff and Student Lounges. Watch for meeting notices on bulletin boards.

Buttons are now in again. They may be obtained from Diane Dixon or myself or from Chappie's office. Price 50¢ - a must for football games.

Thanks again for your support.

Jan Weegar, Co-chairman,  
 Orientation Committee.



The thing I want to reinforce is the weekend retreat to Algonquin Park - October 16, 17 and 18. We are allowed only 20 people from the S. of N. and this immediately presents a problem in numbers. The problem is being tackled this way: there are lists on each bulletin board for all those interested. Please sign up before this FRIDAY. All of these names will be sent to the Medical Science office. Names will be picked at random and then these 20 persons will be sent registration forms. Fees are \$10 which includes transportation, food and lodging.

There is a commitment to be considered. The 20 persons will be asked to see a few movies (Going Down the Road, Easy Rider), read pertinent articles, and visit Drop In Centres twice before the weekend. This will enhance their knowledge on social activities in the world NOW!

Please consider the possibilities of this Teach In and then plan on attending as many of the activities as you can. This is a S. of N. project.

Thanks.

Sharon Keenan, Basic 4.

#### ORIENTATION COMMITTEE REPORTS

Many thanks to all members of the Orientation Committee who helped with registration luncheons and tours. We were very pleased with the turn out, especially from Public Health - hope to see more of you during the year!

Remember that the Pot Luck Dinner is in October so Post Basic 2 and 3 students start dragging out the recipes and PB 1 prepare yourselves for an incredible gastronomic experience.

Pat Tomney, Co-chairman  
Orientation Committee.

Thank yous are in order to Diane Dixon (chief cashier and donut buyer) and to Liz Tutton who ran off stencils all summer and flashed her camera around during Frosh Activities. Thank you Anne-Marie, Rose Marie, Vicki, Jan, Debbie, Heather and a big bear hug for Jackie! Basic 2 got right into the spirit as Big Sisters. Thanks also to Glenna (we don't really believe you run one of those types of houses) and to Anne, the great kid who turned hotdogs into relish!

To all Basic 1's: your participation was fantastic and thanks for proving to the water bucket brigade at Devonshire that even when nurses are all wet, their spirit isn't dampened.

The Yearbook 1970 - 71 needs YOU.

It needs people to take pictures, to help with layout and copy, to help cover activities and organizations and sports, to get advertising contracts. In short, all the things that get a yearbook moving.

The work is said to be thankless, but I find that rather difficult to believe. A yearbook is a group effort. It lets you know how involved you really want to become, how well you work with others and how well others work with you.

Makes sort of interesting work.

Lists are being circulated now. Hope to have you working with us.

Many Thanks,

Joy Bazar, B 3,  
Yearbook Editor.

#### SOCIAL COMMITTEE REPORT

The next month will be a busy one for the Social Committee. Following the Initiation Tea to welcome all new students, the School will hold its annual fudge drive to help raise money for the formal (February 5th at The Boulevard Club). Class social reps. will be contacted in the near future regarding this drive. We need lots of candy to make it a success.

Also coming up in October we hope to have a joint Nursing-Engineering Dance. This dance has been successful in past years with each faculty making a profit.

If anyone wishes to organize a social function on their own for their year, they are encouraged to do so. Let's make 1970 - 71 a really good year for school spirit!

Arlene Connell, B 3,  
Social Committee Chairman.

SNEEZLES IS COMING - ARE YOU? Watch your bulletin boards for further info soon.

Cathy Langs, B 3

October 3 is the date of the SHOUT Symposium at the Health and Community Centre, 64 Augusta. Beginning at 10 am, SHOUT members will be on hand to escort friends from the university and the community through the building and around the Alexandra Park area. Students from all faculties will be present. Rap sessions in the afternoon and possibly a party at night with

full participation of the med. students. EVERYONE WELCOME.

SHOUT information meeting for the School of Nursing will be held next Tuesday at 1 pm in Room 102. See slides and get your questions about the work at the Community and Health Centre answered.

Changes have occurred in the PULSE Room. Thanks to Chappie, Mrs. Jan Maonaghan and the School of Nursing, new shelves have been obtained for the use of the various S. of N. committees. Committee Chairmen, each of the shelves is labelled and can be moved up or down so let me know if more space is required.

Already shelved are two boxes<sup>of food</sup> plus extras probably belonging to the Students' Council from last year and this year. (They are a very hungry bunch.) Also, one small orange belonging to the Orientation Committee is contemplating a very ripe finish. Sniff for it. Warning signals will be out any day now.

#### ATTENTION PULSE REPRESENTATIVES!!!

The one and only meeting of the year will be held next Monday, September 28th at 99 Crescent Road. Time: 7:30 pm. It is important that all PULSE reps be present; however, if you cannot make it, please notify me and send a representative in your place.

Thank you,  
Gayle Mitchell, PB 3,  
PULSE Editor.  
Phone: 924-8955

#### HEALTH AND COMMUNITY NURSE NEEDED

Do you know a nurse with at least a Diploma in Public Health who would like a challenging job working with university students and the residents of Alexandra Park? As nurse and co-ordinator, she would oversee health and social care given by SHOUT members. She must be an experienced public health nurse, be interested in persons of all ages, be able to work under student direction so far as policies are concerned, be willing to take a great deal of initiative, and be her own boss in her day-to-day work. 40 hours per week.

Written applications for the position should be mailed to Dr. Frank Sommers, 35 St. Mary Street, Toronto 189 by October 16th, 1970. All applications will be confidential. → Apt. 1709

For more information about salary and fringe benefits, please contact Louise Allen (B4 or 964-0177) or Gayle Mitchell (PB3 or 924-8955).

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Consternation Corner,

When, oh when, will the locks be replaced on the washroom cubicles?

Priscilla Prim and Millie Modest.



## NURSING AT CAMP ILLAHEE

I had been told there would be plenty of time for reading, but soon discovered that the 54 girls at Illahee took up most of my day. Illahee Lodge, Coburg, a summer camp for children with medical illnesses, is operated by the Family Service Association of Toronto. The Hospital for Sick Children provides medical direction and each summer a medical resident and nurse go to the camp from the hospital by three weeks as nurse was with the senior girls ages 10 - 16. Of the 54, 23 girls had diabetes and the remainder had asthma, epilepsy or a cardiac condition.

A typical day started with the insulin line-up before breakfast when the daily insulin was ordered and given. After breakfast came pill parade for the non-diabetics. Luckily I had been instructed to insist on pills after breakfast so that the two groups did not clash. Visits to the campsite, a lovely 70 acre area 5 miles away from the Lodge, took up most of the morning and afternoon and there were frequent overnight trips to plan for. After the first campsite visit I learned that "nursie" was expected to know automatically what to take and what to do in all eventualities, and above all to be well organized!

Problems for the medical team soon appeared in the form of a few diabetics hard to control, three asthmatics who wheezed regularly between midnight and 6 am (I wondered when their mothers slept) and several epileptics very emotionally labile. I also quickly learned that girls rely very heavily on aspirin and band-aids, and discovered a new way of hanging IV bottles by suspending bent coat hangers from curtain nails.

Camp nursing is 24 hour involvement, so it is easy to get to know the children and quite different from the usual nurse's 8 hour shift. I began to feel more sympathetic towards hospital internes on 24 hour call. The infirmary seemed constantly besieged by visitors for social as well as medical reasons though apparently the year a female doctor was at girl's camp, activity dropped off considerably. It was interesting to see the children's concern for each other, and we had many informal discussions about their illnesses. The diabetic children, particularly, seemed to realise how much better off they were than some of the other girls.

Individual children made work a constant challenge! One 14 year old appeared each day with a new symptom, and one diabetic, who tended to disappear when she felt ill, had to be shadowed inconspicuously each day around 4 pm which was her usual "reaction time". One morning two asthmatics appeared wheezing at 7:30 am instead of 2 am and although this confused them with the insulin group, they were told they could do it again if it meant sleeping through the night.

The overnight canoe trip stands out in memory. Unfortunately torrential rain forced an early return and I found it no mean feat organizing urine testing and insulin giving for 6 diabetics in a very small, very wet tent.

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After the many events, it was with quite a feeling of relief that I saw all the girls safely delivered to their families. However I knew that as soon as I had said goodbye to the last one, I would begin to miss them all a great deal.

Judy Young, PB 3.

Coming in the next PULSE: The Unshaved Leg  
T -r-a-v-e-l to work  
SAC doings

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### Students' Council Meeting Report

The first meeting was held on Monday, September 21 at which 13 members were present.

It was decided to contribute \$150 to Vertigo '70 as outright support from the S. of N. Students' Council.

Gladys Fellows, an insurance agent for Campus Life, will be in the student lounge on Thursday from 12 - 2pm to discuss insurance on an informal basis. She is not pushing to sell; she is trying to inform.

The annual weekend meeting of the Students' Council and chairmen will be held on October 3 and 4 at Louise Allen's, 22 Walmer Road, Apt. 604. Council members will meet on the 3rd and chairmen, on the 4th.

Needed: a Blue and Gold Rep. for the School of Nursing. Homecoming is coming up soon and a float is required plus all the other activities that pertain to U. of T. It's a good job for someone with lots of ideas and a large amount of school spirit. Put your thinking caps on and suggest a good person. Give your suggestions to your students' Council Rep.

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USE IT !!!

The PULSE Room is for the use of all students. Type up your seminar information, class lists, etc. Two typewriters are available (the third has gone into retirement) and one A.B. Dick mimeograph machine that must be treated with a great deal of respect and a massive dose of TLC. If you are ever having difficulty finding the materials you need or using the machines, please contact your PULSE Representative, NOT THE EDITOR!!!!

A word to the wise: two weights of paper are used in the room. Sub 18 in white is available for class lists, seminars, letters, etc. It is thin in comparison with Sub 24 which is heavier, also white, and is used for the PULSE. The cover and this page are Sub 18; the other pages are Sub 24. You feel?? The thicker of the two can take mimeographing on both sides and when used, it should be with this purpose.

